



Newbiggin Arts Centre Wellbeing Statement of intent

Our aim is to support the wellbeing of every person who connects with the art centre. We have adopted a framework called the 'Six Senses' to help us do this and are committed to continuous review of how we are performing against the following;

We want everyone to feel;

- **A sense of security**
We will keep everyone safe at the centre by making sure the right safeguards and policies are in place, and are accessible for people to read
- **A sense of belonging**
We want everyone to feel they are part of the arts centre community whether they are taking part in workshops, volunteering, teaching, exhibiting, or supporting in some other way. Our AGM is open to all, and our website, newsletter, and social media posts help to connect you to what's going on. Our regular workshops and clubs encourage supportive relationships
- **A sense of achievement**
Reaching personal goals and experiencing personal growth are important to us all. Our tutors, group leaders, and volunteers are committed to helping you achieve this for yourself. Our exhibitions and displays are open to all, bringing opportunities for your work to be recognised
- **A sense of continuity**
We will ensure that our Front Street, and Gibson Street premises always provide welcoming spaces for people with a shared interest in arts activities to meet and regularly connect
- **A sense of purpose**
We will continue to develop a wide range of classes, clubs and workshops for those wishing to learn something new, or develop existing skills
- **A sense of significance**
Everyone matters. We respect individuality and will try our best to meet the needs of every person